

FOR IMMEDIATE RELEASE
September 8, 2016

Contact: Mayor Jim Fouts
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Warren Commission for Senior Health Seminar

Warren, MI – The City of Warren Commission for Senior Health Care Services is sponsoring its FREE quarterly seminar on Wednesday, September 14 from 12:00 p.m. to 3:00 p.m. **Doors do not open until 11:30 a.m.**

The seminar will be held at the St. Faustina Church Hall located at 14025 Twelve Mile Road. The speaker is Shawn Hubbard, P.T. from Beaumont Health. The topic will be “How Proper Breathing and Posture Can Influence Balance”.

Information for seniors from various health providers and businesses will be available as well. Registration for this seminar is not necessary.

For additional information regarding this seminar please call Mayor Fouts’ Office at (586) 574-4520.