

WARREN COMMUNITY CENTER

**BODY IMAGES' GROUP FITNESS
CLASSES ARE INCLUDED IN
YOUR MEMBERSHIP *
AND DAILY VISIT FEE.**



GROUP FITNESS CLASS SCHEDULE

- **CARDIO, PLYO & STRENGTH:** Mon./Wed., 9:30 - 10:15 a.m.
Thurs., 6 - 7 p.m.
- **ZUMBA:** Mon./Wed., 6 - 7 p.m.
- **TABATA KICK:** Mon./Wed., 7 - 8 p.m.
- **BOKWA:** Tues., 6 - 7 p.m.
- **ZUMBA TONING:** Tue./Thurs., 7 - 8 p.m.
- **YOGA WITH JEANIE:** Tues./Thurs., 9 - 10 a.m.
- **INSANITY:** Thurs., 5 - 6 p.m.
- **BODY 360 BY ENDRINA:** Wed., 5 - 6 p.m.
- **SENIOR CITIZEN EXERCISE:** Tues./Thurs., 10 - 11 a.m.

*** MATINEE MEMBERS MAY ONLY ATTEND CLASSES
PRIOR TO 3:30 P.M., MONDAY - FRIDAY.**